



Our Vision

To inspire a love of learning

St Gilbert's

Church of England Primary School

Foundry Road Stamford Lincolnshire PE9 2PP

14th January 2019

Dear parent/carer,

I am pleased to inform you that we will be working with the NSPCC, the UK's leading children's charity once again this year. A nationwide programme, the NSPCC will be delivering their **Speak out. Stay safe.** programme on **Wednesday 23rd January**. With the help of their friendly mascot Buddy, they will be presenting an assembly to the children in our school as well as a workshop for pupil in Years 5 and 6.

As a charity, the NSPCC can only provide these vital resources thanks to the financial support and generosity of their supporters. St Gilbert's has chosen to support the valuable work of the NSPCC by taking part in a fundraising event. More information on how you can support their work will follow their visit to our school.

What is the **Speak out. Stay safe.** programme?

Through child-friendly, interactive assemblies and workshops, specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language. We have studied the content of the materials and are confident that they are appropriate for primary-school-aged children. By the end of their visit, we believe children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe. They also have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely,

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