



Our Vision

To inspire a love of learning

St Gilbert's Church of England Primary School

Foundry Road Stamford Lincolnshire PE9 2PP

23rd September 2020

Dear Parents,

As part of World Mental Health Day on **Saturday 10th October**, St. Gilbert's is taking part once again in #HelloYellow which is an event organised by the charity 'Young Minds'.

On **Friday 9th October**, pupils are invited to wear something yellow to school in exchange for a voluntary donation of your choice. This could be a full yellow outfit, a T-shirt or perhaps a yellow accessory to wear.

The money raised from this event will provide vital funds for Young Minds, the children and young people's mental health charity. During the current pandemic Young Minds are providing vital support and advice to families struggling with self-isolation, Coronavirus and the impact this is having on our younger generation's mental health. More information about the charity and the support they offer can be found here <https://youngminds.org.uk/>.

This year's #HelloYellow theme is all about coming together. We would therefore like to invite you to also wear something yellow on this day, so even though we may not all be together during the day, wherever we are, we are going to be spreading the important message of positive mental health. You may also wish to send a positive message to someone else, making them feel valued and recognised.

Throughout the day, children will be taking part in lessons that promote positive mental health awareness, including discussions around wellbeing and how a sense of belonging helps us to feel happy. This supports our continued work on Character Education as well as our school vision and strategy.

By wearing yellow on World Mental Health Day, we want to show children and young people that they are not alone when it comes to their mental health and that we, as a school community, are all here for each other.

We hope you can join us in supporting this amazing charity.

Kind regards

Miss F Dicker and
Headteacher

Miss Rudkin

Miss Rudkin
KS1 and EYFS Lead



T: 01780 762400

F: 08447745567

enquiries@stgilberts.co.uk
www.stgilberts.co.uk

Headteacher: Miss F Dicker
Company Number
8321824